

## ABSTRACT OF THE DISCLOSURE

A magnetic head apparatus with which a magneto-optical recording and reproducing apparatus can be made thin is provided. The magnetic  
5 head apparatus includes: a supporting material having an elastic portion; a magnetic head hoisting and lowering member capable of being brought into contact with and separating from the supporting material; a magnetic head pressing member capable of being brought into contact with and separating from the supporting material of a pressing portion. The head main body is  
10 capable of moving between a first position in which the head main body approaches or is brought into contact with the information recording medium and a second position in which the head main body is far away from the information recording medium. While the head main body moves between the first position and the second position, the magnetic head hoisting and  
15 lowering member is brought into contact with the supporting material; and the pressing portion is brought into contact with the elastic portion, and the contact position of the pressing portion is closer to the side of the fixing position of the supporting material than the position in which the magnetic head hoisting and lowering member is brought into contact with the  
20 supporting material. In the second position, due to the pressing of the elastic portion, the elastic portion is elastically deformed toward the side of the information recording medium.

Selected Figure: Fig. 4

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